

# AVALA O-TIM



## Protekli treninzi

6 jula u Košutnjaku je prošao trening koji je organizovan od strane Slobodana Radovanovića iz kluba Magic Map Beograd. Treningu je ukupno prisustvovalo 13 takmičara i takmičarki od čega 4 iz kluba PD Avala.

Na treningu su bili:

- Igor Sazonov
- Dmitrii Belov
- Aleksei Sobolev
- Irena Gorjanc

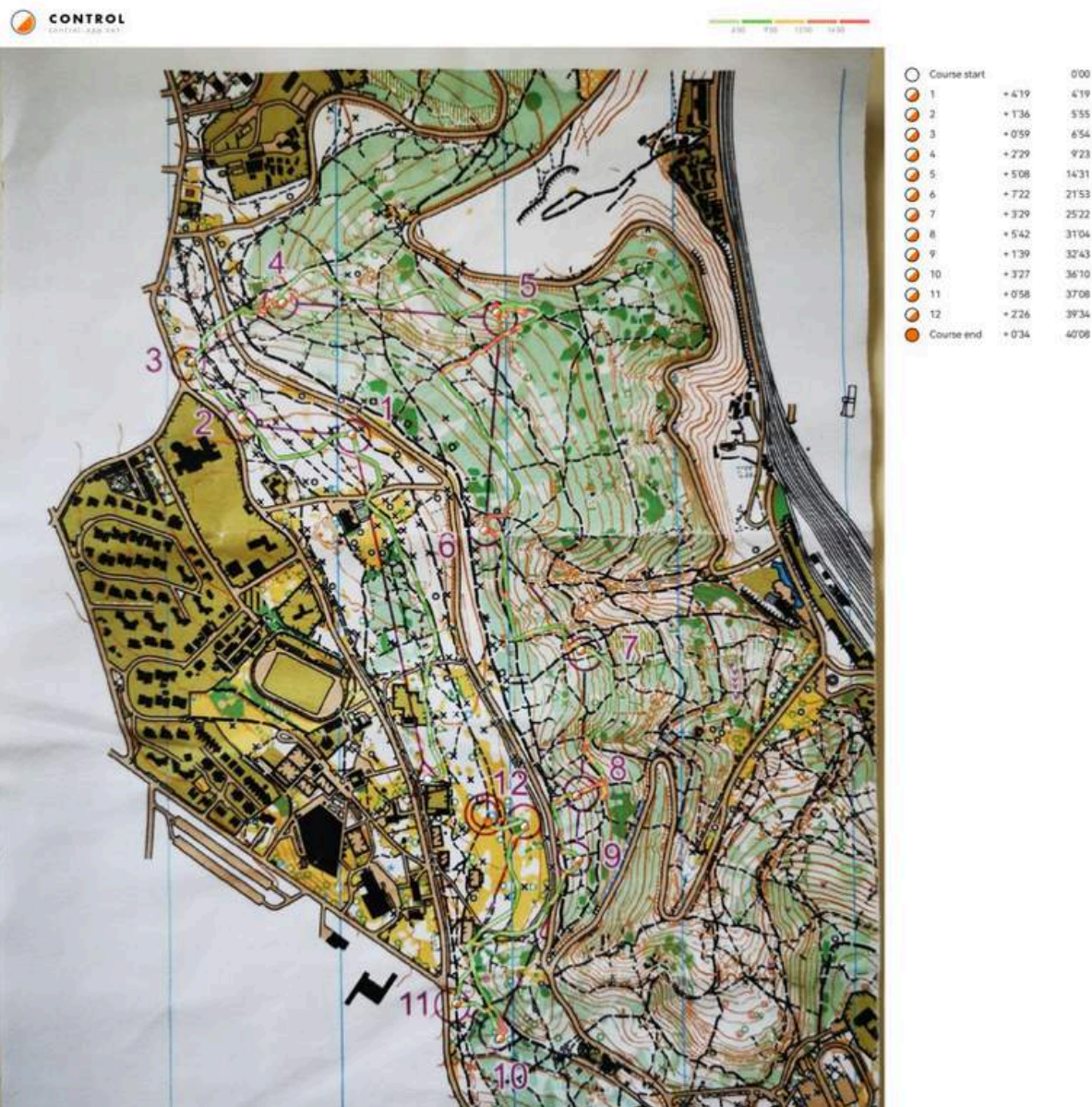
Ispratili smo prethodne nedelje Juniorsko prvenstvo sveta u orijentiringu, takmičari su imali 5 dana takmičenja

- ✓ 1 jul sprint štafeta
- ✓ 2 jul sprint distanca
- ✓ 3 jul duga distanca
- ✓ 5 jul srednja distanca
- ✓ 6 jul štafeta

JWOC 2024 je održan u Češkoj u Plzenu i terenima oko grada.

Sledeće takmičenje koje pratimo jeste WOC2024, svetsko prvenstvo u sprint orijentiringu u Edinburghu, u Škotskoj.

Naš član kluba Aleksa Banković će nastupati na ovom takmičenju kao predstavnik reprezentacije Srbije! Želimo mu svu sreću i uspešan nastup! Aleksa je oputovao 7 jula na WOC kliniku



2. EVENT PROGRAMME		
<b>Wednesday 10 July</b>	12:00-19:00	Event Centre
Event Office open	12:00-19:00	Event Centre
<b>Thursday 11 July</b>	09:00-19:00	Event Centre
Event Office open	09:00-19:00	Event Centre
Model Event & Technical Model Event	10:00-14:00	Event Centre
Deadline for late entries, changes and payment	12:00	via IOF Eventor
Sprint athlete declaration deadline	12:00	via IOF Eventor
Team Officials Meeting: Sprint	17:00-18:00	Event Centre
<b>Friday 12 July - SPRINT</b>		
Mandatory transfer to Qualification quarantine	07:00	from Event Centre
Qualification first start: Men	09:01	Leith
Qualification first start: Women	09:46	Leith
Mandatory transfer to Final quarantine	13:00	from Event Centre
Opening ceremony	14:00	Finals race arena
Final first start: Men	15:12:30	Central Edinburgh
Final first start: Women	16:29	Central Edinburgh
Medal ceremony	18:15	Finals race arena
<b>Saturday 13 July</b>		
Event Office open	09:00-12:00	Event Centre
Sprint Relay athlete declaration deadline	12:00	via IOF Eventor
Event Office open	16:00-19:00	Event Centre
Team Officials Meeting: Sprint Relay	17:00-18:00	Event Centre
All times are in British Summer Time (BST, UTC+01:00).		
<b>Sunday 14 July - SPRINT RELAY</b>		
Mandatory transfer to quarantine	10:00	from Event Centre
Sprint Relay start	12:45	Riccanton Campus
Medal ceremony	14:30	Race arena
<b>Monday 15 July</b>		
Event Office open	09:00-12:00	Event Centre
Knock-out Sprint athlete declaration deadline	12:00	via IOF Eventor
Event Office open	16:00-19:00	Event Centre
Team Officials Meeting: Knock-out Sprint	17:00-18:00	Event Centre
<b>Tuesday 16 July - KNOCK-OUT SPRINT</b>		
Mandatory transfer to Qualification quarantine	07:00	from Event Centre
Qualification first start: Men	09:01	Wester Halls
Qualification first start: Women	09:41	Wester Halls
Quarter-final heat selection: Women	10:05	Qualification race arena
Quarter-final heat selection: Men	10:45	Qualification race arena
Mandatory transfer to Finals quarantine	13:30	from Event Centre
Quarter-finals first start: Women	14:25:00	Central Edinburgh
Quarter-finals first start: Men	15:01:00	Central Edinburgh
Semi-finals first start: Women	16:12:00	Central Edinburgh
Semi-finals first start: Men	16:53:00	Central Edinburgh
Final start: Women	17:31:30	Finals race arena
Final start: Men	17:52:00	Finals race arena
Medal ceremony	18:20	Finals race arena
Closing ceremony	18:30	Finals race arena
Farewell Party	20:30-01:00	Event Centre

## NAJAVA TRENINGA I TAKMIČENJA:

- 📎 Pauza sa lokalnim takmičenjima do 7 septembra.
- 📎 Zajednički treninzi na Kopaoniku od 22 do 28 jula
- 📎 Pripreme za SEEOC u Makedoniji početkom avgusta.
- 🏆 Prvenstvo jugoistočne Evrope u Turskoj, Pergamon, od 28 avgusta do 1 septembra



Juli						
Po	U	Sr	Č	Pe	Su	N
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

- Individualni trening
- Orijehtiring takmičenje
- Sastanak PD Avala
- Zajednički trening/trening sa kartom